

Preschool Home Learning Link

Autumn 1, September 2025

All about me

Personal, Social and Emotional Development

In preschool we will be learning our preschool routines and getting to know our new friends. We will be introducing the Colour Monster and giving names to some of our feelings.

At home you could help to give names to their feelings 'I can see you are sad/happy/angry.....'

Physical development

In preschool we will be learning to move over, under and through different obstacles, developing our balancing skills and developing our gross and fine motor skills ready for writing.

At home you could help to build hand strength by encouraging fine motor activities; scrunching paper into balls and aiming for a bucket is lots of fun.

Understanding the World

In preschool we will be learning about the changes from Summer to Autumn. We will be using our 5 senses to explore in preschool, leaning about, sight, smell, hearing, taste and touch.

At home you could go on an autumn walk, what signs of the autumn can you see, hear or smell? Can you make an autumn collection and bring it in to share with your friends?

Expressive Arts and Design

In preschool we will be joining in with action songs e.g. Heads shoulders knees and toes. We will also begin to explore different musical instruments and the sounds they make and exploring what happens when we mix different colours together.

At home you could make music with different objects, use a spoon and some pots and pans! Try making a collection of things that are the same colour, how many can you find?

Communication and Language

In preschool we will be getting to know our friends in our circle time activities, learning about our senses of sight and hearing for looking and listening, and looking at the simple question Who? at story time.

At home you could model good listening skills by looking at your child when they speak. Point out things you can see and hear on the way to school and talk about them with your child.

Literacy

In preschool we will be learning lots of new rhymes and sharing books together. We will be learning to care for books and giving names to the title and blurb.

At home you could share stories and books with your child. Look at the pictures and ask what they can see. Ask your child to sing our new rhymes for you, don't forget to join in!

Mathematics

In preschool we will be developing our sorting skills, grouping objects by colour. We will also be practicing our counting, and matching shapes. We will also be introducing prepositions such as in, on, under, in front and behind.

At home you could have a treasure hunt, describing where the treasure is. is it under the table? In the box. behind the sofa?