



# WYBUNBURY DELVES

C of E Primary School

Overview for Health and Relationship Lessons – 2025/26

CWP Curriculum Overview			reception	year 1	year 2	year 3
			year 4	year 5	year 6	Additional
<b>Reception</b> <b>Family and Friendship</b>  Lesson 1: <b>Caring Friendships</b> Lesson 2: <b>Being Kind</b> Lesson 3: <b>Families</b>	<b>Year 1</b> <b>Growing and Caring For Ourselves</b>  Lesson 1: <b>Different Friends</b> Lesson 2: <b>Growing &amp; Changing</b> Lesson 3: <b>Families &amp; Care</b>	<b>Year 2</b> <b>Differences</b>  Lesson 1: <b>Differences</b> Lesson 2: <b>Male &amp; Female Animals</b> Lesson 3: <b>Naming Body Parts</b>				
<b>Year 3</b> <b>Valuing Difference and Keeping Safe</b>  Lesson 1: <b>Body Differences</b> Lesson 2: <b>Personal Space</b> Lesson 3: <b>Help and Support</b>	<b>Year 4</b> <b>Growing Up</b>  Lesson 1: <b>Changes</b> Lesson 2: <b>What is Puberty?</b> Lesson 3: <b>Healthy Relationships</b>	<b>Year 5</b> <b>Puberty</b>  Lesson 1: <b>Talking about Puberty</b> Lesson 2: <b>The Reproductive System</b> Lesson 3: <b>Help and Support</b>				

Year 6 will revisit the Year 5 sessions.