



Overview for Drugs and Alcohol Lessons – 2025/26

Drug & Alcohol Education Curriculum Overview		Year 1	Year 4
		Year 2	Year 5
		Year 3	Year 6
Year 1 Medicines and People Who Help Us	Lesson 1: Staying Healthy Lesson 2: Medicines Lesson 3: Who gives us medicines?		
Year 2 Keeping Safe	Lesson 1: Risk Lesson 2: Hazardous Substances Lesson 3: Safety Rules		
Year 3 Smoking	Lesson 1: Why People Smoke Lesson 2: Physical Effects of Smoking Lesson 3: No Smoking		
Year 4 Alcohol	Lesson 1: Effects of Alcohol Lesson 2: Alcohol and Risk Lesson 3: Limits to Drinking Alcohol		
Year 5 Legal and Illegal Drugs	Lesson 1: Legal and Illegal Drugs Lesson 2: Attitudes to Drugs Lesson 3: Peer Pressure		
Year 6 Preventing Early Use	Lesson 1: Cannabis Lesson 2: VSA and Getting Help Lesson 3: Help, Advice and Support		



Lessons taught in the Autumn Term.

Year 6 lessons will be taught in conjunction with Science curriculum in the Summer Term