

# Our commitment to you.....

The Food For Life Criteria menu means we serve *Fresh*,  
*local*, *honest* food.

Our food is free from *undesirable trans fats*, *sweeteners*  
*and additives*

Our food is freshly prepared on site by professional staff  
who care about quality and ingredients

We support local wherever possible...our *milk*, *bread*,  
*seasonal vegetables*, *potatoes*, *yogurts* and *red tractor*  
*meat* is sourced from *within the Northwest*

We use *free range* eggs, *organic* yogurt, *organic Mornflake*  
*oats* and *MSC* fish.

We are taking steps to *reduce sugar* in our *recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

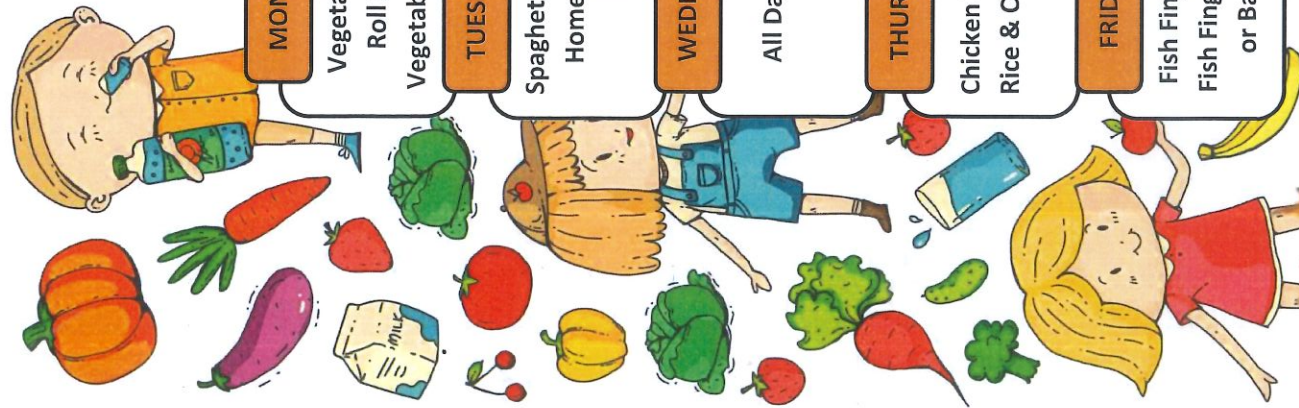


# Fresh Catering

Autumn/ Winter 2024-25

At: Wybunbury Delves School

| Oct-24 |    |    |    |    | Nov-24 |    |    |    |    | Dec-24 |    |    |    |    |
|--------|----|----|----|----|--------|----|----|----|----|--------|----|----|----|----|
| M      | T  | W  | Th | F  | M      | T  | W  | Th | F  | M      | T  | W  | Th | F  |
| 7      | 8  | 9  | 10 | 11 | 4      | 5  | 6  | 7  | 8  | 2      | 3  | 4  | 5  | 6  |
| 14     | 15 | 16 | 17 | 8  | 11     | 12 | 13 | 14 | 15 | 9      | 10 | 11 | 12 | 13 |
| 21     | 22 | 23 | 24 | 25 | 18     | 19 | 20 | 21 | 22 | 16     | 17 | 18 | 19 | 20 |
|        |    |    |    |    | 25     | 26 | 27 | 28 | 28 |        |    |    |    |    |
| Jan-25 |    |    |    |    | Feb-25 |    |    |    |    | Mar-25 |    |    |    |    |
| M      | T  | W  | Th | F  | M      | T  | W  | Th | F  | M      | T  | W  | Th | F  |
| 6      | 7  | 8  | 9  | 10 | 3      | 4  | 5  | 6  | 7  | 3      | 4  | 5  | 6  | 7  |
| 13     | 14 | 15 | 16 | 17 | 10     | 11 | 12 | 13 | 14 | 10     | 11 | 12 | 13 | 14 |
| 20     | 21 | 22 | 23 | 24 | 24     | 25 | 26 | 27 | 28 | 17     | 18 | 19 | 20 | 21 |
| 27     | 28 | 29 | 30 | 31 |        |    |    |    |    | 24     | 25 | 26 | 27 | 28 |
|        |    |    |    |    |        |    |    |    |    | 31     |    |    |    |    |



## Autumn/ Winter Menu 2024-25

### Week 1

| MONDAY                                                           | TUESDAY                                                | WEDNESDAY                                       | THURSDAY                              | FRIDAY                                                        |
|------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------|---------------------------------------|---------------------------------------------------------------|
| Vegetarian Sausage Roll & potatoes Vegetables & Gravy(v)         | Spaghetti Bolognaise & Homemade Garlic Bread           | All Day Breakfast.                              | Chicken Korma Rice & Cous -Cous       | Fish Finger or Salmon Fish Fingers Chips Peas or Baked Beans. |
| Pasta Parma Rosa (v)                                             | Jacket Potatoes with a choice of filling /s (v)        | Vegetarian All Day Breakfast (v)                | Ravioli In a homemade Tomato Sauce(v) | Homemade Vegetable Fingers & Chips, Peas or Baked Beans (v)   |
| Flap Jack Finger & fruit Chunk or Yoghurt or Fresh Fruit Platter | Shortbread Finger & fruit Chunk or Fresh fruit Platter | Ice cream & fruit Coulis or Fresh Fruit Platter | Berry Bun Or Fruit Platter            | Chocolate Surprise Brownie or Fresh Fruit Platter             |

### Week 2

| MONDAY                                                 | TUESDAY                                  | WEDNESDAY                                                                 | THURSDAY                                 | FRIDAY                                                       |
|--------------------------------------------------------|------------------------------------------|---------------------------------------------------------------------------|------------------------------------------|--------------------------------------------------------------|
| Homemade Cheese & Tomato Pizza with Sauté potatoes (v) | Homemade Beef cottage Pie & Vegetables   | Sausage, Creamed potatoes, Vegetable & Gravy or Beans                     | Chicken Casserole with Crusty Bread      | Fish Stars with Chips and Peas or Baked Beans                |
| Jacket potato with a Choice of Filling/s (v)           | Homemade Pasta Italiane (v)              | Plant Friendly Sausage, Creamed potatoes, Vegetables & Gravy or beans( v) | Cheesy Pasta & Vegetables                | Jacket potato with a Choice of Filling/s (v)                 |
| Melting Moment or Yoghurt Fresh Fruit Platter          | Chocolate Penny - or Fresh Fruit Platter | Orange Cooke or Fresh Fruit Platter                                       | Dorset apple cake Or Fresh Fruit Platter | Chocolate Crunch Finger & Fruit Chunk or Fresh fruit platter |

