

PSHE Curriculum Policy

Rationale

At Wybunbury Delves we aim to *'light the spark for a love of learning and of life'* and Personal Social Health and Economic (PSHE) Education is a subject which offers the very best opportunities to achieve this. We adapt the SPARK approach to learning to foster and maintain children's curiosity in the world around them.

Curriculum Intent

At Wybunbury Delves, we embed Personal, Social, Health and Economic (PSHE) Education as part of our broad and balanced curriculum. PSHE helps our pupils to gain the knowledge, skills and attributes they need to lead confident, healthy, independent lives and to become active and responsible members of the community. PSHE focusses on giving our pupils the knowledge they need to make informed decisions about their wellbeing, health, relationships, and the skills to recognise and build their self-confidence identity.

Relationships and Sex Education (RSE) forms part of our PSHE curriculum. We believe relationships and sex education is important for our pupils and our school because:

- It is giving children the knowledge that will enable them to make informed decisions about their well-being, health and relationships
- It is about giving children the opportunity to put knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts.
- It is the recognition that everyone faces difficult situations in their lives and how relationship and sex education can support young people to develop resilience, to know how and when to ask for help, and to know where to access support

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and our local communities. In doing so children learn about their responsibilities, rights and duties as individuals and members of a community. The PSHE Curriculum gives our pupils the skills to understand and respect our common humanity as well as the skills to celebrate our diversity and differences.

Pupils' spiritual, moral, social and cultural (SMSC) development is at the heart of our school ethos. Children learn how to reflect on their own experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. PSHE education gives children the skills to manage many of the most critical opportunities, challenges and responsibilities that they will face as citizens within a multicultural society. British Values are promoted through the overarching aims and objectives of PSHE. Children learn how to be healthy and responsible members of society, as well as the understanding to prepare them for life and work in modern Britain.

Most of PSHE education becomes statutory for all schools from September 2020 under the Children and Social Work Act 2017. This includes Relationships Education at key stages 1 and 2, and Health Education.

This policy operates in conjunction with the following school policies:

- Relationships and Health Education RSE
- Anti-Bullying Policy: Pupils
- Social, Emotional and Mental Health (SEMH) Policy
- E-safety Policy

The aims of PSHE in our school are:

- To develop the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- To provide opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- To know and understand what a healthy lifestyle is
- To be aware of safety issues
- To understand what makes for good relationships with others
- To have respect for others
- To be independent and responsible members of a community, such as school
- To understand what is meant by 'Democracy' and be positive and active members of a democratic society
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- To develop good relationships with other members of the community
- To actively promote British Fundamental Values (BFV)

Curriculum Implementation

Our tailored PSHE curriculum equips children with the understanding of risk and the knowledge and skills necessary to make safe and informed decisions. Clear strategic planning allows the curriculum to be dynamic and adapt to the context of our school and our children's needs at Wybunbury Delves.

The following topics are taught with our PSHE Curriculum. Our PSHE curriculum is split into three categories. RSE is part of the first two categories.

Relationships	Health and Mental Well-being	Wider World
Families and people who care for me	Mental Well Being	Economic Well being
Caring friendships	Internet Safety and Harm	Enterprise
Respectful Friendships	Physical Health and Fitness	Careers
Online Relationships	Healthy Eating	
Being Safe	Drug, Alcohol and Tobacco	
	Health and Prevention	
	Basic First Aid	
	Changing Adolescent Body	

In order to implement PSHE we intend to use the following teaching programmes and resources:

- Heartsmart (PreSchool-Y6)

-

We are delivering 'HEARTSMART' throughout school as part of RSE, PSHE and SMSC. This whole school resource is designed to support our children to build resilience, emotional intelligence and active empathy. It enables children at Wybunbury Delves to adopt a growth mind-set whilst maintaining a healthy emotional self. HEARTSMART is about loving and accepting ourselves as well as loving and responding well to others. Our learning is focussed around Boris the Robot which helps to motivate our children to become actively involved with the programme and learning. There are 5 themes (known as 'High Five') that Boris shares throughout the year which are linked to the principles of feeling valued, considering others and showing empathy, forgiveness, being truthful and not giving up when faced with challenge.

- CWP Drugs and Education (Rec-Y6)

- CWP Sex and Education (Rec-Y6)
- SWfGL – E Safety <https://digital-literacy.org.uk/curriculum-overview/> (Y1-Y6)
- Picture News <https://www.picture-news.co.uk/> (Rec-Y6)

To ensure full coverage of the curriculum additional lessons will be taught. At Wybunbury Delves we invite visitors into school to enhance our PHSE curriculum. PCSO Nick Jarvis and his Police colleagues are regular visitors. Cheshire Fire Service and the School Nurse service visit amongst others. Some elements of this curriculum will be taught through whole school focus weeks e.g. Anti-Bullying Week; Keeping Healthy Week; Keeping Safe; SRE Week. Teachers will notify parents in advance of these focus weeks.

Curriculum & School Organisation

We allocate weekly a 30minute PSHE lesson for each year group in Years 1-6. We teach PSHE and citizenship in EYFS as an integral part of the curriculum. PSHE learning activities in both Pre School and Reception relate directly to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE matches the aim of developing a child's Personal, Social and Emotional development as set out in the ELGs. We also support citizenship education in our EYFS classes, when we teach 'Understanding the World'.

Our PSHE education provision is mapped and planned effectively using the PSHE Association Planning Toolkit, Heartsmart, E Safety and CWP resources. Updates of accredited resources are shared during staff meetings and accessible to all teachers. On many occasions PSHE topics are introduced through other areas of the curriculum and through the way we teach holistically and a topic based approach and also through discrete subjects for example, Science, Physical Education, ICT and online safety, Religious Education. The programme will be taught through a range of teaching methods, including class discussions, sharing of own life experiences, class worship and whole school worship, school events, school council, and by outside agencies and specialists.

Planning for learning and a sample of learning outcomes can be evidenced through staff planning documentation, website news, children's responses to learning and photographs.

See PSHE Subject Long Term Overview, Year Group Long Term Overviews, and our Year group Holistic Plans for more information.

Teaching and learning style

The Long Term plan shows a combination of the PSHE led age -specific activities which are usually delivered through weekly lessons. E- Safety is delivered in class and reinforced during the school year. Additional areas are covered during the year; these may link to visits, visitors, circle time, class discussion of Study Work themes and topics (not forgetting Serendipity - an unplanned 'happening' that leads learning!).

P4C offers an approach based on 'talk for thinking'. It develops critical thinking skills, thoughtfulness, reflection and a reconstructive personal attitude (the open mindedness to change one's own mind!)

Equality and Inclusion

We promote the needs and interests of all pupils, irrespective of gender, culture, ability or personal circumstance. We teach PSHE to all children and make adaptations where necessary. Teaching will take into account the age, ability, readiness, and cultural backgrounds of children to ensure that all can fully access PSHE education provision. Learning opportunities are provided that are best matched to the individual needs of children, including children with SEND.

Curriculum Impact

We use monitoring throughout the year to gauge the impact of the planned curriculum. We are flexible to adapt our provision to the needs of the children. We will seek specialist support where necessary.

The PSHE Subject Leader provides an annual curriculum review and feedback form which will be shared with Governors at the annual Curriculum meeting.

With regards to assessment, we are currently reviewing our assessment procedures for PSHE. We aim to assess children's learning at the end of a series of lessons through the class teacher's judgments, AfL and an assessment task (where appropriate).

Reviewed by R Pointon September 2020