

What is Bullying?

Bullying is hurting someone else by using behaviour which is meant to hurt, frighten or upset them. This behaviour is repeated frequently.

Bullying is not:

- * Accidents
- * Fall outs with friends
- * Only happens one time
- * Fighting

When is it bullying?

Several
Times
On
Purpose



Bullying can be:

Physical bullying

- * Hitting * punching * biting * kicking
- * spitting * pushing * pinching

Cyber bullying

- * Bullying on a device or the internet
- * Calling mean names * Hacking into your social network accounts
- * Sending messages pretending to be someone else

Emotional bullying

- * Speaking unkind words * Being unkind linked to being a boy or a girl
- * Gender (sexist bullying) * Hurting people's feelings * Bossing people about * Making things up about someone
- * Leaving people out
- * Sending a friend with an unkind message

Who can I tell?

Start
Telling
Other
People



Also, you can go to the friendship stop or find someone from the Year 5 Friendship team. Look out for their posters around school!



If you see someone being bullied...

You should:

- * Tell an adult straight away
- * Support the person

You shouldn't:

- * Join in with the bullying
- * Get involved
- * Interfere
- * Keep it to yourself

At Wybunbury Delves, we want everyone to:

- * Get on well with each other
- * Respect each other
- * Have the right to be who they are
- * Feel safe and happy
- * Be able to learn and concentrate happily

Who is responsible for anti-bullying?

Everyone!

A best friend is someone who you can talk to, who won't judge you, loves you for you, and, most of all, makes you feel like you are worth something.



WYBUNBURY DELVES
C of E Primary School

Child Friendly Anti Bullying Policy



**Put together by the
Friendship Team
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